

# HOLY CROSS COLLEGE CAFÉ MENU - SPRING/SUMMER

## ONLINE ORDERING AVAILABLE

Our College Café aims to provide students, staff and our College community with both a nutritious and affordable range of foods to encourage all to make 'healthy choices for their lives including healthy food choices.' The Café is open for breakfast daily and open every day for recess and lunch. Availability of some items will be determined on the day. **Prices are subject to change without notice.**



**Turkish Toasty**

Students are to pay for items in cash at the time they are purchased. **Please no 'on account' requests.** In keeping with our Healthy Eating Policy, pastries will be sold on Monday and Friday only except during Lent, in which case Friday will move to Thursday.

Parent help is always needed and appreciated. Please feel free to pop in.

Healthy Snacks for Recess and Lunch		*FRESH ROLLS/SANDWICHES/PITA BREAD WRAPS	
Hard Boiled Eggs x 2	\$1.00	Lunch box (sandwich, fresh fruit and 350ml water)	\$5.00
Cup of berries and yogurt	\$2.00	wrap extra	\$1.00
Yogo	\$2.00	Chicken strip or fish strip wrap	\$4.50
Fresh Fruit	\$ .50	Meat and salad roll	\$4.50
Fruit salad	\$2.50	<b>SANDWICHES (Rolls \$.50 extra)</b>	
Toasted cheese sandwich	\$2.50	Choice of 1: Ham, Chicken, Egg, Tuna or plain Salad	\$3.50
Cheese bag and veggie sticks	\$2.50	Add to above: Cheese or salad	\$4.00
Pop-Corn or Vegi Chips GF	\$1.20	<b>Large Salad Bowls</b>	
		Egg, Ham, Chicken or Cheese Spring Salad	\$5.00
		Greek Salad with feta	\$5.00
		Chicken Caesar Salad with egg and bacon	\$5.00
		Add Chicken Strip to salad extra	\$2.00
<b>DRINKS</b>		<b>HOT and Healthy</b>	
<b>NEW!</b> Banana Smoothie	\$3.50	Nachos with salsa and cheese	\$4.50
Water 350ml	\$1.00	Hot chicken and mayonnaise roll	\$4.50
Aussie Natural Water 600ml	\$2.00	Toasted ham, tomato and cheese sandwich	\$4.00
200ml milk (banana, chocolate, strawberry)	\$2.00	Toasted chicken and cheese sandwich	\$4.00
600ml milk (chocolate)	\$3.50	Burgers with salad choice of chicken, beef or vegetarian	\$4.50
250ml Popper juice (apple, apple, blackcurrant)	\$2.00	Vegetarian spring roll or vegetarian pizza	\$3.80
Up and Go (vanilla or chocolate) 300ml	\$2.00		
600ml Cold Pressed Juice	\$3.50	<b>DAILY MEALS</b>	
<b>SUSHI everyday until sold out</b>		<b>MONDAY</b>	Chicken Strip Caesar (salad or wrap) \$5.00
Tuna, Crispy or Teriyaki Chicken (4 pce)	\$4.50	<b>TACO TUESDAY</b>	2 Tacos with salad and cheese (1 \$3.50) \$5.00
Sushi and Salad	\$5.50	<b>WEDNESDAY</b>	Daily Special, Enjoy! \$5.00
<b>Turkish Toasty</b>		<b>THURSDAY</b>	Beef Lasagne, garlic bread and salad \$5.00
Chicken, aoli, bacon, spinach and cheese	\$4.50	<b>FRIDAY #1</b>	Fish and salad or wedges \$5.00
<b>Lebanese Pizza</b>		<b>FRIDAY #2</b>	Fried rice with egg and bacon (No bacon in Lent) \$5.00
Hawaiian, Pepperoni, Margarita or Aussie	\$4.50	<b>PASTRIES Monday and Friday ONLY (Thursday Lent)</b>	
*Fresh rolls, sandwiches, pita bread wraps - salad is included on all: lettuce, tomato, cucumber and carrot. Please advise if you have a different preference or make a standing order. *All hot meals are made fresh		Cruizer beef pie (Tomato sauce add \$.30)	\$4.50
		Party pie (Tomato sauce add \$.30)	\$1.00
		Spinach and Ricotta Roll (Tomato sauce add \$.30)	\$3.50
		Sausage Roll (beef) (Tomato sauce add \$.30)	\$3.00

Cathie Lewis Cafe Manager 8am-3pm

## Summer Healthy Drinks



## Thursdays Beef Lasagne

